



Agenda
April 25, 2024

6:00 p.m.— Pulaski County Innovation Center, Fairlawn, VA

I. CALL TO ORDER

II. CONSENT AGENDA

- A. Approval of Minutes for March
- B. [Approval of Treasurer's Report for March](#)

III. COMMONWEALTH INTERGOVERNMENTAL REVIEW PROCESS

- A. Projects Signed-off by the staff
None
- B. Regular Project Review
 - 1. [Reissuance of VPDES Permit VA0060844 for Lower Stroubles Creek WWTP in Montgomery County](#)

IV. PUBLIC ADDRESS

V. CHAIR'S REPORT

VI. EXECUTIVE DIRECTOR'S REPORT

VII. REVIEW OF MUTUAL CONCERNS AND COMMISSIONERS' REPORTS

VIII. OLD BUSINESS

IX. NEW BUSINESS

- A. [Pyramid Healthcare, Inc – Overview of Services Provided in the New River Valley](#)
Drew Wallace, Director of Marketing
Commission Discussion

- B. [FY24 VDOT Rural Transportation Work Program & Resolution](#)
Elijah Sharp, Deputy Executive Director
Commission Action

- C. Next Commission Meeting:
May 23rd 6:00pm

All meeting materials posted on the Commission website www.nrvrc.org

The New River Valley Regional Commission provides area wide planning for the physical, social, and economic elements of the district; encourages and assists local governments in planning for their future; provides a means of coordinating federal, state, and local efforts to resolve area problems; provides a forum for review of mutual concerns; and implements services upon request of member local governments.



6580 Valley Center Drive | Suite 124 | Radford, VA 24141 | 540-639-9313

NRVRC.ORG

MEMORANDUM

To: NRVRC Board Members
From: Jessica Barrett, Finance Director
Date: April 17, 2024
Re: March 2024 Financial Statements

The March 2024 Agencywide Revenue and Expenditure Report and Balance Sheet are enclosed for your review. Financial reports are reviewed by the Executive Committee prior to inclusion in the meeting packet.

The Agencywide Revenue and Expense report compares actual year to date receipts and expenses to the FY23-24 budget adopted by the Commission at the May 25, 2023 meeting. The financial operations of the agency are somewhat fluid and projects, added and modified throughout the year, along with the high volume of Workforce program activities, impact the adopted budget. To provide clarity, Commission and Workforce Development Board activities are separated on the agencywide report.

As of month-end March 2024 (75% of the fiscal year), Commission year to date revenues are 76% and expenses are 77% of adopted budget. Salary, the largest expense line, is in line with the budget at 76%. Fringe Benefits are currently 89% of the budget expense line, which is higher than budgeted due to additional health insurance enrollments.

Looking at the balance sheet, Accounts Receivable is \$910,321. Of this total, Workforce receivables are \$258,819 (28%) and current. The Executive Committee reviews all aged receivables over 60 days and no receivables are deemed uncollectible. Net Projects (\$137,405) represents project expenses, primarily benchmark projects, that cannot be invoiced yet and posted to receivables.

Counties

Floyd | Giles
Montgomery | Pulaski

City

Radford

Towns

Blacksburg | Christiansburg
Floyd | Narrows | Pearisburg
Pembroke | Pulaski | Rich Creek

Higher Education

Virginia Tech | Radford University
New River Community College

New River Valley Regional Commission
Balance Sheet
3/31/2024

<u>Assets:</u>	<u>Prior Month</u>	<u>Current Month</u>
Operating Account	285,053	145,179
First Bank & Trust - Bland/Montgomery Broadband	1,916,631	1,923,712
First Bank & Trust - Pulaski County Broadband	2,009,304	2,016,727
Money Market	113,304	113,766
Accounts Receivable	655,362	910,321
Loans Receivable - Revolving Loan Fund	39,606	39,056
Restricted Cash - Revolving Loan Fund	67,325	68,006
Commission Vehicles	32,365	32,365
Total Assets:	<u>5,118,949</u>	<u>5,249,133</u>
<u>Liabilities:</u>		
Accounts Payable	164,764	140,741
Accrued Annual Leave	98,150	98,150
Accrued Unemployment	33,258	33,460
Expense Reimbursement	4,053	4,992
Funds on Hand - Montgomery County Broadband	1,884,505	1,884,505
Funds on hand - Pulaski County Broadband	2,000,000	2,000,000
Funds on Hand - Montgomery County OAA	121,828	121,828
Unearned Revenue - FY25 Dues	31,272	31,272
Total Liabilities:	<u>4,337,830</u>	<u>4,314,949</u>
<u>Projects:</u> (Equity Accounts)		
Net Projects	(326,609)	(137,405)
Current Year Unrestricted	172,151	132,849
Unrestricted Net Assets	815,690	815,690
Restricted Net Assets - Revolving Loan Fund	105,790	105,790
Total Projects (Equity)	<u>767,021</u>	<u>916,924</u>
Total Liabilities and Projects	<u>5,104,852</u>	<u>5,231,872</u>
Net Difference to be Reconciled	<u>14,097</u>	<u>17,261</u>
Total Adjustments to Post*	14,097	17,261
Unreconciled Balance (after adjustment)	<u>0</u>	<u>0</u>

*YTD adjustment to Accrued Leave. Final adjustment posted to general ledger at fiscal year end closeout.

**New River Valley Regional Commission
Revenue and Expenditures - March 2024**

FY23-24 Budget		(75% of FY)			
		March 2024	YTD	Under/Over	% Budget
NRVRC Anticipated Revenues					
ARC	90,842	0	43,851	46,991	48.27%
ARC PemTel Painters School Road Broadband	0	0	68,395	(68,395)	0.00%
ARC POWER Water Trail Implementation	35,000	0	0	35,000	0.00%
ARC LDD READY Appalachia	60,000	0	38,367	21,633	0.00%
ARC Passenger Rail Station Development	574,000	0	0	574,000	0.00%
Local Assessment	238,220	0	238,220	0	100.00%
DHCD - Administrative Grant	89,971	0	67,478	22,493	75.00%
DHCD VATI 2022	90,000	0	1,195,374	(1,105,374)	0.00%
DRPT RIDE Solutions NRV	91,526	20,804	62,290	29,236	68.06%
DRPT NRVCAP RideSolutions Strategic Plan	15,000	2,192	11,489	3,511	76.59%
Department of Energy	37,500	0	0	37,500	0.00%
EDA	70,000	17,500	52,500	17,500	75.00%
Workforce Fiscal Agent	75,000	0	60,000	15,000	80.00%
Workforce Power Fiscal Agent	12,500	0	12,500	0	100.00%
Workforce YouthBuild Fiscal Agent	25,000	0	18,750	6,250	75.00%
Workforce Ready SWVA Fiscal agent	21,500	0	21,500	0	0.00%
Workforce WORC Fiscal agent	25,000	0	25,000	0	0.00%
Workforce Innovation Fiscal Agent	0	0	10,000	(10,000)	0.00%
Workforce WIOA Soft Skills Fiscal Agent	0	0	6,000	(6,000)	0.00%
Workforce WIOA Supplemental Fiscal Agent	0	0	6,000	(6,000)	0.00%
Workforce WIOA Technical Skills Fiscal Agent	0	0	8,000	(8,000)	0.00%
Workforce Trades Gap Fiscal Agent	0	0	15,000	(15,000)	0.00%
VDOT	58,000	12,929	48,777	9,223	84.10%
VDOT - Rocky Knob	0	0	50,460	(50,460)	0.00%
Floyd County	38,000	3,866	3,866	34,134	10.17%
Floyd Town	7,000	1,501	3,500	3,500	50.00%
Narrows Town	11,000	2,370	9,037	1,963	82.16%
Rich Creek Town	17,000	2,153	13,706	3,294	80.63%
Montgomery County	8,000	10,500	125,995	(117,995)	1574.94%
Montgomery County Opiod Abatement	0	43,978	299,201	(299,201)	0.00%
Blacksburg Town	25,500	4,500	17,500	8,000	68.63%
Christiansburg Town	54,250	7,212	30,076	24,174	55.44%
Pulaski County	10,000	4,093	10,271	(271)	102.71%
Radford City	66,370	9,338	47,802	18,569	72.02%
MM Interest	0	462	2,726	(2,726)	0.00%
Interest Income - VATI	0	14,504	55,945	(55,945)	0.00%
Miscellaneous Income	0	105	4,354	(4,354)	0.00%
Virginia's First	14,960	0	15,000	(40)	100.27%
NRV MPO	95,500	12,957	17,927	77,573	18.77%
Pembroke	17,000	2,306	7,890	9,110	46.41%
Dept of Environmental Quality	14,500	74,850	78,494	(63,994)	541.34%
VDEM	25,000	0	14,527	10,473	58.11%
Virginia Outdoors Foundation	42,241	19,365	83,081	(40,839)	196.68%
VHDA	50,375	15,702	30,486	19,889	60.52%
Southwest Virginia SWMA	7,000	0	7,000	0	100.00%
Virginia Recycling Association	14,000	0	11,250	2,750	80.36%
VDH New River Health District	345,000	53,086	106,450	238,550	30.85%
VOF SwVA Natives Campaign Project Match	0	0	8,250	(8,250)	0.00%
VDH Office of Drinking Water	80,000	36,426	75,545	4,455	94.43%
PemTel	0	4,250	8,500	(8,500)	0.00%
NRV Passenger Rail Authority	67,500	20,523	43,486	24,014	64.42%
Revolving Loan - Interest	0	132	1,293	(1,293)	0.00%
Grant income (anticipated)	12,723	0	0	12,723	0.00%
Direct Charge Reimbursement	0	0	346	(346)	0.00%
Sub Total Revenues	2,631,980	397,604	3,193,456	(561,476)	75.92%
Expenses					
Salaries	1,325,877	128,883	1,009,664	316,213	76.15%
Fringe Benefits	340,515	41,478	302,030	38,485	88.70%
Travel	33,283	3,115	11,965	21,318	35.95%
Office Space	68,730	5,727	51,547	17,183	75.00%
Communications	20,832	1,681	14,753	6,079	70.82%
Office Supplies	66,892	4,471	64,521	2,371	96.46%
Postage	900	70	990	(90)	109.99%
Printing	8,285	0	60,260	(51,975)	727.34%
Copier Usage/Maintenance	1,100	119	936	164	85.13%
Outreach/Media Adv	11,110	642	21,454	(10,344)	193.11%
Equipment Rent/Copier	3,000	223	2,011	989	67.02%
Fleet Vehicles	2,000	205	1,090	910	54.49%
Dues/Publications	20,395	59	15,692	4,703	76.94%
Training/Staff Development	26,170	468	27,808	(1,638)	106.26%
Insurance	4,700	1,139	4,642	58	98.77%
Meeting Costs	13,573	958	11,634	1,939	85.71%
Contractual Services	588,441	52,060	1,586,855	(998,414)	269.67%
Professional Services Audit/Legal	6,000	0	6,415	(415)	106.91%
Miscellaneous/Fees	49,700	267	2,420	47,280	4.87%
Reimbursed Expenses	0	6,136	(387)	387	0.00%
Sub Total Expenses	2,591,503	247,701	3,196,299	(604,796)	77.21%
NRVRC Balance	40,477	149,903	(2,843)		

**New River/Mount Rogers Workforce Development Board
Revenue and Expenditures - March 2024**

(75% of FY)

NR/MR WDB Anticipated Revenues		March 2024	YTD	Under/Over	% Budget
Workforce Development Area	4,564,775	170,668	1,708,286	2,856,489	37.42%
Sub Total Revenues	4,564,775	170,668	1,708,286	2,856,489	
Expenses					
Salaries	614,994	65,603	521,024	93,970	84.72%
Fringe Benefits	215,248	18,129	140,475	74,773	65.26%
Travel	26,000	5,075	25,782	218	99.16%
Office Space	37,000	1,943	25,516	11,484	68.96%
Communications	16,000	2,229	15,117	883	94.48%
Office Supplies	35,000	1,561	21,694	13,306	61.98%
Postage	250	0	14	236	5.78%
Printing	1,500	0	578	922	38.54%
Copier Usage/Maintenance	0	999	1,501	(1,501)	0.00%
Outreach/Media Adv	30,000	6,167	11,061	18,939	36.87%
Equipment Rent/Copier	1,700	209	1,204	496	70.85%
Dues/Publications	5,000	50	2,347	2,653	46.94%
Training/Staff Development	7,000	216	3,586	3,414	51.23%
Insurance	5,000	1,218	14,906	(9,906)	298.12%
Meeting Costs	7,000	1,885	17,259	(10,259)	246.56%
Capital Outlay	0	0	34,000	(34,000)	0.00%
Contractual Services	3,536,171	65,386	863,543	2,672,628	24.42%
Professional Services Audit/Legal	15,000	0	8,719	6,282	58.12%
Miscellaneous/Fees	11,912	0	0	11,912	0.00%
Workforce Grants Admin	0	0	(39)	39	0.00%
Sub Total Expenses	4,564,775	170,668	1,708,286	2,856,450	37.42%
NR/MR WDB Balance	0	0	0		

Total Agency R&E		March 2024	YTD	
Anticipated Revenue	7,196,755	568,272	4,901,742	68.11%
Anticipated Expense	7,156,278	418,370	4,904,585	68.54%
Balance	40,477	149,903	(2,843)	



6580 Valley Center Drive | Suite 124 | Radford, VA 24141 | 540-639-9313

N R V R C . O R G

April 15, 2024 **MEMORANDUM**

TO: Kevin A. Harlow, VPDES Permit Writer, Blue Ridge Regional Office

FROM: Kevin R. Byrd, Executive Director, NRV Regional Commission

SUBJECT: Regional Clearinghouse Review of:

Reissuance of VPDES Permit VA0060844 for Lower Stroubles Creek WWTP in Montgomery County

VA240412-01200400121

This is to advise you that the NRVRC staff has reviewed the public notice submitted by the Department of Environmental Quality.

Staff has reviewed the project and determined it is not in conflict with regional plans, policies and goals.

Should you have any questions concerning the status of this review, please do not hesitate to contact us.

KRB/jp

Counties

Floyd | Giles
Montgomery | Pulaski

City

Radford

Towns

Blacksburg | Christiansburg
Floyd | Narrows | Pearisburg
Pulaski | Rich Creek

Universities

Virginia Tech | Radford University

Public Notice – Environmental Permit

PURPOSE OF NOTICE: To seek public comment on a draft permit from the Department of Environmental Quality that will allow the release of treated wastewater into a water body in Montgomery County, Virginia.

PUBLIC COMMENT PERIOD: April 9, 2024 to May 9, 2024

PERMIT NAME: Virginia Pollutant Discharge Elimination System Permit – Wastewater issued by DEQ pursuant to applicable water laws and regulations

APPLICANT NAME, ADDRESS AND PERMIT NUMBER: Blacksburg-VPI Sanitation Authority; P.O. Box 52, Blacksburg, VA 24063; VPDES Permit No. VA0060844

FACILITY NAME AND LOCATION: Lower Stroubles Creek WWTP; 5277 Prices Fork Rd, Blacksburg, VA

PROJECT DESCRIPTION: The Blacksburg-VPI Sanitation Authority has applied for reissuance of a permit for the public Lower Stroubles Creek WWTP. The applicant proposes to release treated sewage wastewaters at a rate of 9.0 million gallons per day into a water body. Sludge from the treatment process will be transported to the New River Resource Authority for landfill disposal. The facility proposes to release the treated sewage into the New River in Montgomery County in the New River/Toms Creek/Back Creek/Stroubles Creek watershed. A watershed is the land area drained by a river and its incoming streams. The permit will limit the following pollutants to amounts that protect water quality: physical and chemical properties, organic matter, solids, and bacteria.

HOW TO COMMENT AND/OR REQUEST A PUBLIC HEARING: DEQ accepts comments and requests for public hearing on the draft permit by hand-delivery, e-mail, fax or postal mail. All comments and requests must be in writing and be received by DEQ during the comment period. DEQ must receive hand-delivery and postal mail by close of business and email and fax comments by 11:59 p.m. on the last day of the comment period. Submittals must include the names, mailing addresses or email addresses of the commenter/requester and of all persons represented by the commenter/requester. A request for public hearing must also include: 1) The reason why a public hearing is requested. 2) A brief, informal statement regarding the nature and extent of the interest of the requester or of those represented by the requester, including how and to what extent such interest would be directly and adversely affected by the permit. 3) Specific references, where possible, to terms and conditions of the permit with suggested revisions. A public hearing may be held, including another comment period, if public response is significant, based on individual requests for a public hearing, and there are substantial, disputed issues relevant to the permit.

CONTACT FOR PUBLIC COMMENTS, DOCUMENT REQUESTS AND ADDITIONAL INFORMATION: Kevin Harlow; DEQ BRRO, 901 Russell Drive, Salem, VA 24153; Phone: 540-759-9855; E-mail: Kevin.Harlow@deq.virginia.gov. The public may review the draft permit and application at the DEQ office named above by appointment or may request copies of the documents from the contact person listed above.



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N R V R C . O R G

April 19, 2024

Executive Director's Report

Economic Development:

- The NRV Recovery Ecosystem Program submitted the FY25 regional program application ahead of the April 1st deadline. A couple of highlights for next year include transitional housing solutions and rural transportation service expansion. Many of the FY24 activities will be rolling forward with full implementation since the current year funds were not under contract until mid-year. Technical Teams are established and meeting regularly. These include: Mobile Outreach & Treatment, Justice Involved, Transportation, Housing, and Education and Training. Please contact Holly you would like to participate.
- Broadband: The first quarterly report that involves construction is being submitted for the Montgomery/Bland project. It is a learning process for the internet service provider and their construction contractor when accounting for federal labor standards. Chris Owens' experience is assisting greatly.
- The NRV/Danville Tech Hubs two-part consortium meeting scheduled for next week has very strong registration. Senator Mark Warner will be in the area next week and will be visiting a Tech Hub partner firm to learn more about their technology and hear about initial steps of the Tech Hub. A logo for the Additive Manufacturing and Advanced Materials (AM2) Tech Hub is nearing completion and will be released soon!
- The Regional Economic Strategy (RES) committee will hold their third meeting of the year on April 26th. The group will be focusing mostly on projects identified by local partners and incorporating them into the regional project list which yields a top-10 list for the region. The project list will come to the board for review at the May meeting with a RES update at the June meeting.

Transportation:

- The NRV Passenger Rail Station Authority will not be meeting in April; however, the May 23rd meeting is anticipated to be held as scheduled. The Virginia Passenger Rail Authority (VPRA) held another public input meeting on the project April 18th at the Montgomery County Government Center 4:30-7:30 with two presentations. Public participation was good and the format allowed for public question/discussion following the presentations. VPRA also held tabling exercises at Radford University, Blacksburg Farmers Market, Virginia Tech, Fork and Cork event, and attended Story Time at Radford Public Library. Another public survey was released this week and will be open until May 17th (link [here](#)). This one focuses on station location preferences. Please complete the survey and share broadly. VPRA will be meeting the the three transit providers in the region on May 2nd to begin discussions on connections to the proposed station.

Housing:

- Based on feedback received so far and budgets developed by local government partners containing an initial investment in the Regional Housing Trust Fund it appears the program

will be in position to launch in FY25. Non-governmental partner commitments are still in development and anticipated in July.

Natural Resources:

- The New River Water Trail Expansion project hosted a consultant team in early April to discuss governance models since the program will expand from one county to three local governments. Over 25 participants took part in the half-day facilitated session. A second facilitated session is being scheduled for May 22nd to affirm next steps and layout the roadmap for implementation.

Regional:

- The annual regional Planning Commissioners training event was held on April 17th with nearly 70 local government planning commission members in attendance which continues to be a remarkable participation level. The two topics for the workshop were Housing and an interactive review of relevant meeting scenarios. This event is a reflection of the regular convening the Regional Commission provides for the local government planners across the region. Thank you to all of the NRVRC staff that contribute to organizing this event and a significant thanks to Montgomery County Planning Department for hosting and putting in extra effort!

Commission:

- Next month Regional Commission staff will be bringing a revised FY24 budget to the board for consideration. This will capture new revenue and expenses added during the year to more accurately reflect the financial operations.
- The FY25 budget is taking shape with a strong revenue position and will be ready for review/consideration at the June 27th meeting.
- The annual Executive Director performance evaluation process with board members will get underway following the board meeting next week. Evaluation forms will be emailed to each board member and ask they be returned to Chair Hil Johnson by May 10th so the Executive Committee can review and compile the feedback.



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NRVRC.ORG

MEMORANDUM

To: NRVRC Board Members

From: Kevin Byrd, Executive Director

Date: April 19, 2024

Re: Pyramid Healthcare, Inc – Overview of Services Provided in the New River Valley

At the April Regional Commission meeting there will be a presentation on Pyramid Healthcare, a company that recently located in the region providing substance use disorder recovery services. Drew Wallace, Director of Marketing, will join the meeting remotely to discuss their services. Below is information provided by Mr. Wallace.

The Pyramid Healthcare family of companies offers a treatment continuum that spans throughout multiple states, providing comprehensive behavioral healthcare specialties that include substance abuse, mental health, autism and eating disorder treatment. We serve clients across the eastern United States – including Pennsylvania, New Jersey, Virginia, Georgia, North Carolina, Connecticut, Ohio, Maryland and West Virginia – and strive to offer programs for individuals in all stages of treatment or recovery. Founded in 1999, the Pyramid Healthcare family of companies employs over 3,100 team members and operates over 80 active facilities.

Pyramid Healthcare dedication to access operates 13 service lines across 9 states that have treated over 56,000 unique clients in the last 12 months. We currently operate over 1,800 withdrawal management and residential beds cover over 7 million miles a year transporting clients to treatment services.

The Pyramid family remains united in a shared commitment to our mission: providing clients with expert-level care that helps improve their quality of life. We're no larger than the problems they face and the hurdles they're trying to overcome. From our dedicated leadership team to individual counselors, we remain committed to helping our clients realize the future they envision for themselves.

Our expert Pyramid Healthcare staff members are trained in industry best practices, working hard to give clients a chance to distance themselves from destructive illnesses. As advocates for positive change, we provide

Strengthening the Region through Collaboration

Counties

Floyd | Giles
Montgomery | Pulaski
City
Radford

Towns

Blacksburg | Christiansburg
Floyd | Narrows | Pearisburg
Pembroke | Pulaski
Rich Creek

Higher Education

Virginia Tech
Radford University
New River Community College

services that help teens and adults overcome struggles against addiction and mental health concerns, avoid relapse, and maintain a long-term recovery that sees them thrive.

Pyramid HealthCare's New River Valley location, once fully operational, will have 140 inpatient residential beds for men and women struggling with substance abuse and mental health issues. This will consist of different levels of programming covering the full ASAM continuum of care model:

- 3.7 – Medical Managed Detox
- 3.5 – Clinically Managed High Intensity Residential
- 3.1 – Clinically Managed Low Intensity Residential
- 2.5 – Partial Hospitalization Treatment
- 2.1 – Intensive Outpatient Treatment
- 1.5 – Outpatient Treatment Therapy

We are currently at about 70% completion of bringing online these beds and are operating all levels of care outside of 3.7 – Medically Managed Detox, which will be coming online in the next 60 days!

Contact information for Drew Wallace:

Cell: 570-578-9685

Email: dwallace@pyramidwalden.com

24/7 Admissions: 301-997-1300

Pyramid-healthcare.com



PYRAMID
Healthcare, Inc.



ADULTS 18+

CO-OCCURRING
DISORDERS
TREATMENT

RESIDENTIAL
SERVICES

PARTIAL
HOSPITALIZATION
PROGRAM



6226 University Park Drive
Radford, VA 24141

24/7 ADMISSIONS
P (844) 431-7422
F (888) 218-6831

pyramidhealthcare.com/va

New River Valley Detox & Residential Treatment Program

Located in Radford, Virginia, Pyramid Healthcare's licensed and accredited New River Valley Detox and Residential Treatment Center provides evidence-based, multidisciplinary treatment for adult men and women in search of meaningful, long-term recovery from substance use and co-occurring disorders.

Designed to meet the specific needs of each individual, our program staff includes medical professionals, a counseling team led by master's level clinicians, and peers with experience managing substance use and mental health disorders.

What We Offer

- » Detoxification (ASAM 3.7)
- » Residential (ASAM 3.5)
- » Low-Intensity Residential (ASAM 3.1)
- » On-Site Partial Hospitalization Outpatient Treatment (PHP, ASAM 2.5)
- » Intensive Outpatient Program (IOP, ASAM 2.1)
- » 24-hour care with trained counselors to stabilize multidimensional imminent danger and prepare clients for outpatient treatment
- » Medication Assisted Treatment (MAT) clients accepted
- » Recovery education and counseling
- » Post-discharge recovery support
- » Anger management and meditation
- » 24/7 admissions and transportation



PYRAMID
Healthcare, Inc.

ADULTS 18+

**CO-OCCURRING
DISORDERS
TREATMENT**

**RESIDENTIAL
SERVICES**

**PARTIAL
HOSPITALIZATION
PROGRAM**



6226 University Park Drive
Radford, VA 24141

24/7 ADMISSIONS
P (844) 431-7422
F (888) 218-6831

pyramidhealthcare.com/va



Program Details

Pyramid Healthcare's treatment team utilizes an integrative and individualized approach that incorporates multiple treatment models.

- » Cognitive Behavioral Therapy (CBT)
- » Motivational Interviewing (MI)
- » Mindfulness Programming
- » Living in Balance
- » Seeking Safety
- » Trauma Art & Narrative Therapy

Specialized groups, including Moral Reconciliation Therapy (MRT) and the Trauma Recovery Empowerment Model (TREM), are designed to address each client's unique recovery needs and preferences, and individual therapy sessions are utilized to address the personal trauma backgrounds, specific co-occurring, and relapse prevention relative of each client.

About the Campus

The New River Valley residential campus in Radford, VA includes on-site outdoor secure green spaces, beautiful views, and amenities, including:

- » Full court indoor basketball and recreation area
- » Exercise room
- » Library
- » Large group rooms
- » Spacious dining hall and cafeteria

Payment Methods Accepted

- » Virginia Medicaid
- » VA-CCN
- » Most commercial medical insurances



Pyramid Healthcare

AN INTEGRATED BEHAVIORAL HEALTHCARE SYSTEM

Founded in 1999 and headquartered in Altoona, PA, Pyramid Healthcare's 25 year commitment to providing a full continuum of quality, client-focused care has established an integrated network of 10 affiliated behavioral healthcare organizations as respected leaders in the effective treatment of individuals struggling with substance use, mental health, and eating disorders across 9 eastern states.



PYRAMID HEALTHCARE, INC.

NEW JERSEY, MARYLAND, OHIO, PENNSYLVANIA, VIRGINIA, & WEST VIRGINIA

37 LOCATIONS: *Adult detox, dual diagnosis, halfway houses, and Medication Assisted Treatment (MAT); Adult and teen residential/inpatient, partial hospitalization, intensive outpatient, outpatient, and specialty substance use and mental health treatment programs*

Pyramid Healthcare, Inc. is a premier provider of effective, high quality behavioral healthcare offering a full continuum of in-person and telehealth mental health and substance use treatment programs for adults and teens at locations across 6 states.

pyramidhealthcare.com

**PA & NJ (866) 724-1529 • MD (301) 769-7610 • OH (937) 729-2127
VA (844) 431-7422 • WV (888) 461-7426**

HIGH FOCUS CENTERS

CONNECTICUT, NEW JERSEY, NORTH CAROLINA, GEORGIA & PENNSYLVANIA

21 LOCATIONS: *Adult and teen partial hospitalization program; Adult and teen intensive outpatient and outpatient substance use, trauma, and mental health treatment; Adult Medication Assisted Treatment (MAT)*

High Focus Centers is a premier provider of outpatient substance use and mental health treatment programs for teens and adults. High Focus Centers provides elite-level care in a non-restrictive setting and works with every client to develop a treatment plan based on recovery needs.

highfocuscenters.com

NJ & CT (484) 969-9627 • NC & GA (866) 261-3078 • PA (610) 549-4706

SEEDS OF HOPE • EASTERN PENNSYLVANIA

2 LOCATIONS: *Adult and teen partial hospitalization, intensive outpatient, and outpatient eating disorders treatment*

Seeds of Hope provides support and direction for individuals struggling with an eating disorder. Clients receive needed treatment and develop coping skills in the least restrictive environment possible while maintaining their daily lives and routines.

seedsofhopesupport.com • (610) 569-9094

OCTOBER ROAD • NORTH CAROLINA

6 LOCATIONS: *Adult partial hospitalization and intensive outpatient substance use treatment; Adult partial hospitalization and intensive outpatient mental health treatment; Adult Medication Assisted Treatment (MAT); Medication Management; Cross-Area Service Program (CASP); ACTT Services*

October Road provides substance use and mental health treatment services for adults in North Carolina using a variety of evidence-based treatment models.

octoberroadinc.net • (866) 735-7622





SILVERMIST • WESTERN PENNSYLVANIA

Residential mental health and substance use treatment for adult men; Adult partial hospitalization program

Silvermist aims to inspire hope in adult men who suffer from mental health and substance use issues through empowerment, fellowship, and recovery. A private, rural location provides the optimal setting for a transformative treatment experience that also addresses complexities including trauma and co-occurring disorders.

silvermistrecovery.com • (412) 226-4695

SILVER RIDGE • ASHEVILLE, NORTH CAROLINA

Residential substance use treatment for mid-life adults; Adult partial hospitalization program

Nestled in the stunning Blue Ridge Mountains of Mills River, NC, Silver Ridge offers comprehensive and holistic care for mid-life professionals seeking a discreet and supportive recovery environment unmatched anywhere else. Silver Ridge's dedicated treatment team provides clinical excellence through its client-directed, outcome-informed, and data-supported approach.

silverridgerecovery.com • (828) 672-3411



REAL RECOVERY • ASHEVILLE, NORTH CAROLINA

Partial hospitalization and intensive outpatient substance use and mental health treatment for adult men; Medication Assisted Treatment (MAT)

Located in the heart of Asheville, North Carolina, Real Recovery Clinical Services offers comprehensive outpatient substance use and mental health treatment for adult males.

myrealrecovery.com • (855) 624-0447



TAPESTRY • NORTH CAROLINA & PENNSYLVANIA

4 LOCATIONS: Adult residential, partial hospitalization, and intensive outpatient eating disorders treatment; Teen residential, partial hospitalization, and intensive outpatient mental health and co-occurring eating disorders treatment

Tapestry provides client-centered and individualized mental health and eating disorders treatment that empowers adults and teens to improve their lives by practicing their newly learned skills in real world settings.

tapestryrecovery.com • (828) 761-0426



FREEDOM DETOX & RECOVERY CENTER • GASTONIA, NORTH CAROLINA

Detox and post-detox residential substance use treatment for adults

Freedom Detox & Recovery Center is an inpatient program located in western NC that provides medically supervised drug and alcohol withdrawal management in a comfortable, non-hospital setting as well as residential care for clients who require additional stabilization beyond the detox period. Available services include medication consultations, counseling, continuity of care referrals and aftercare support.

freedomdetoxnc.com • (833) 693-4251



BLUFF • AUGUSTA, GEORGIA

Adult detox, residential, and partial hospitalization substance use and co-occurring mental health treatment

Bluff provides a holistic, evidenced-based approach to substance use and co-occurring disorders treatment designed to promote long-term, meaningful recovery.

bluffaugusta.com • (706) 551-9497





6580 Valley Center Drive | Suite 124 | Radford, VA 24141 | 540-639-9313

NRVRC.ORG

MEMORANDUM

To: Regional Commission Board Members
From: Elijah Sharp, Deputy Executive Director
Date: April 16, 2024
Re: FY25 Transportation Planning Work Program

The Virginia Department of Transportation allocates State Planning and Research (SPR) funding to provide annual transportation planning assistance for non-urbanized areas within the Commonwealth. SPR funds are appropriated under 23 US Code 307 (c), requiring an 80% federal and 20% local match.

The FY25 Regional Commission Rural Transportation Work Program will have a total project budget of \$72,500. Key program deliverables will include:

- Regional Park & Ride Lot – Annual Existing Use & Conditions Assessment
- NRV Cycling Guide Update
- Local rural roads study
- Coordinating local meetings with Salem District Commonwealth Transportation Board Representative
- Assist local partners with Title VI compliance
- Assist local partners with SMART Portal Applications

If you have questions about the anticipated work program, please contact me at esharp@nrvc.org or call (540) 639-9313.

Strengthening the Region through Collaboration

Counties

Floyd | Giles
Montgomery | Pulaski
City
Radford

Towns

Blacksburg | Christiansburg
Floyd | Narrows | Pearisburg
Pembroke | Pulaski
Rich Creek

Higher Education

Virginia Tech
Radford University
New River Community College



NRVRC
new river valley regional commission

FY25 Transportation Planning Work Program

April 25, 2024

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Introduction

The Virginia Department of Transportation (VDOT) allocates part of the State Planning and Research (SPR) funding to provide annual transportation planning assistance for non-urbanized areas within the Commonwealth. The Rural Transportation Planning (RTP) Program was created to aid the State in fulfilling the requirements of the State Planning Process to address the transportation needs of non-metropolitan areas. Funds appropriated under 23 U.S.C. 505 (SPR funds) are used in cooperation with the Department of Transportation, Commonwealth of Virginia for transportation planning as required by Section 135, Title 23, U.S. Code. These Federal funds provide 80 percent funding and require a 20 percent local match.

In FY-2025 each planning district commission / regional commission that has rural area will receive \$58,000 from VDOT's Rural Transportation Planning Assistance Program. The corresponding planning district commission / regional commission will provide a local match of \$14,500 to conduct rural transportation planning activities. This resource may be supplemented with additional planning funds. The arrangement of all such funds involves the development of a scope of work, approval and other coordination in the Transportation & Mobility Planning Division's (TMPD) administrative work programs.

The scope of work shall include specific activities as requested by VDOT and/or the Federal Highway Administration. The scope of work may also include activities or studies addressing other transportation planning related issues that may be of specific interest to the region. The criteria for the determination of eligibility of studies for inclusion as part of this work program are based upon 23 U.S.C. 505, State Planning and Research.

Use of these funds by the New River Valley Regional Commission (NRVRC) is identified in and guided by an annual scope of work, also referred to as a work program. The work program details the transportation planning activities to be carried out by the NRVRC under the Rural Transportation Planning Assistance Program in the upcoming fiscal year.

Local government staff and the Commission's Transportation Technical Advisory Committee (TAC) representatives participate in the development of the work program, which must be approved/endorsed by the Commission. For FY-2025 the Commission proposes to utilize the SPR funds to undertake activities in the two general areas: Program Administration and Program Activities.

Program Administration

Objective and Background: The purpose of this work element is to cover the administrative and general costs associated with the project.

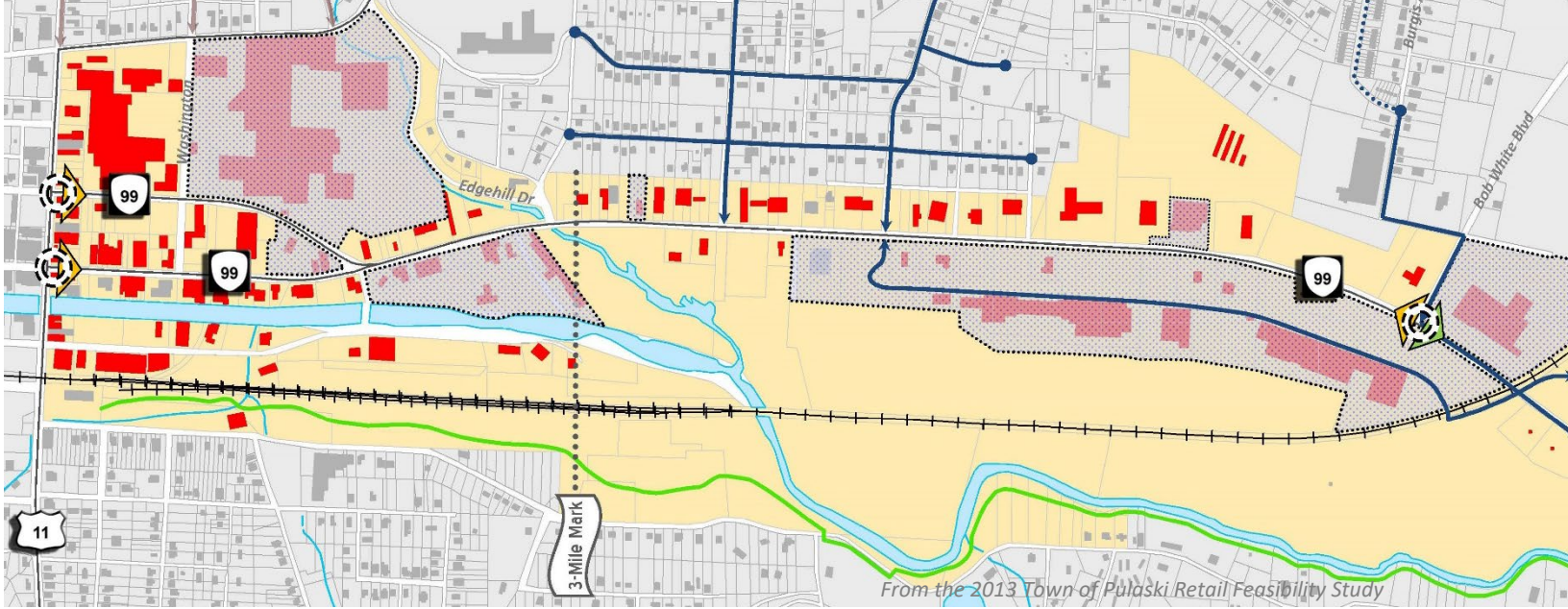
Work Elements: This includes the financial management and quarterly reporting, office supplies, meeting materials, and other general program costs. Activities include:

- Provide fiscal accountability of State Planning and Research (SPR) fund expenditures through regular quarterly reporting to VDOT.
- Provide adequate and appropriate public notice of meetings.
- Maintain contact with a regional network of local government officials, region-wide agencies and organizations, neighboring PDCs, VDOT representatives, and other applicable federal, state and local agencies concerning transportation issues.
- Completion and submission of necessary agreements and contracts, invoices, progress reports, correspondence, and grant applications in support of the work program.
- Conduct and attend meetings, training and conferences.
- Preparing Urban or Rural Transportation Planning Work Program, scope of work, manage program funds, provide outreach and data.
- Maintaining Title VI and Americans with Disabilities Act (ADA) compliance, and ensuring environmental justice, nondiscrimination, and equity, including consultation with appropriate groups, committees, and community representatives through the application of the approved Title VI and Public Involvement Plan.

Products: Quarterly financial reporting, mailings/notices, and preparation of quarterly activity reports.

Regional Transportation Planning Program Administration Budget:

SPR Funds	(80%)	\$4,800.00
RC Funds	(20%)	\$1,200.00
Total Budgeted Expenditure for Program Activities:		\$6,000.00



Program Activities

Objective and Background: Address regional transportation issues identified by the Transportation Committees and the Regional Commission. Individual projects and work elements are described below:

Work Elements:

- (a) **(\$1,500) Regional Transportation Leadership** - The purpose of this work element is to facilitate regional participation and consensus building on transportation-related issues through a continuing, comprehensive, and coordinated planning process.

Task 1: Regional Transportation Annual Meeting

Products: NRV administrators and professional staff from local governments, public transportation service providers, and institutions/agencies within the New River Valley Regional Commission service area serve as an advisory body to the Commission on transportation issues. The group meets periodically to discuss public transportation in the region and serves as a coordinating entity to support local governments, partnering stakeholders, and service providers.

Benchmarks/Milestones (throughout year):

- Provide staff assistance for up to two meetings (Spring + Fall)
- Coordinate a multi-regions alternative transportation social (Summer)
- Maintain a website to post relevant transportation related information
- Identify potential common interests
- Develop strategies and recommendations
- Identify funding sources

- (b) **(\$45,000) Regional Technical Assistance** - Activities typically include assistance in the areas of: highway safety/congestion, bicycle/pedestrian improvements, access management, public transportation, freight movement, hazard mitigation, infrastructure evaluations, stormwater management, recreation, or transportation as it relates to other elements such as: housing, economic development, and energy.

Task 1: Regional Park & Ride Lot – Existing Use & Conditions Assessment

Products: NRV Park and Ride Lot Study.

Benchmarks/Milestones (throughout year):

- Perform site visits and collect photo documentation
- Complete data collection form(s) provided by VDOT
- Create technical report(s) as needed or requested by VDOT

Task 2: Rural Roads Study

Products: Partner with VDOT and staff at Floyd, Giles, Montgomery, or Pulaski County to identify safety, capacity, maintenance, alternative transportation, and access management improvements.

Benchmarks/Milestones (throughout year):

- Data collection and analysis
- Site visits and photo documentation
- Create a publication quality report (available electronically)
- Present findings to District and Residency staff

Task 3: NRV Cycling Guide

Products: Maintain supporting program websites.

Benchmarks/Milestones (throughout year):

- Update cycling routes, route descriptions, cue sheets, and 3D mapping

- (c) **(\$10,000) Project Implementation, Grant-Writing Assistance & Professional Development**

Products: Assist local applicants to prepare transportation related grant funding applications. Additional assistance will be offered depending on staff availability.

Benchmarks/Milestones (throughout year):

- Schedule a meeting with CTB representative(s) prior to grant deadlines
- Develop supporting docs for up to three transportation grant applications
- Submit Commission projects through the SMART Portal
- Attend Conferences/Professional Development

(d) (\$10,000) Statewide Projects and Core Program Requirements

Products: The purpose of this work element is to provide assistance to the Virginia Department of Transportation for statewide planning on behalf of the New River Valley. Furthermore, provide local technical assistance required to fulfill statewide planning and policy efforts.

Benchmarks/Milestones (throughout year):

- Complete any unfinished tasks from FY-24 Rural Work Program.
- Participate in VTrans webinars and SMART SCALE Regional Meetings.
- Maintain Title VI and Environmental Justice compliance.
- Assure any projects completed include FHWA’s 2021 Planning Emphasis Areas dated December 30, 2021.
- Participate in the Fall Transportation Meeting.
- Participate in any additional outreach meetings that may arise and provide / review data as requested by VDOT throughout the fiscal year.
- Participate with the VDOT and MPOs on meeting performance measure goals.
- Assist in the development of project pipeline studies.
- Park & Ride Lot Use Counts and Conditions Assessment - Conduct manual usage counts and conditions assessment at rural P&R lots using TMPD's P&R manual count methodology. VDOT will prioritize lot count locations, provide data collection forms, and basic count training as necessary.
- Active Transportation Facilities Tracking – Provide assistance in tracking and documenting active transportation facilities and/or accommodations (bicycle facilities, sidewalks, signed routes, trails, etc.). TMPD will coordinate with PDC staff on facilities tracking specifics.
- State Trails Plan Phase II Support – Participate and assist in development and implementation of phase II of the State Trails Plan.
- Provide VDOT’s Transportation Mobility and Planning Division – Central Office with updated Travel Demand Management Plans when submitted to DRPT (if applicable).

New River Valley Regional Projects Budget:

SPR Funds	(80%)	\$53,200.00
RC Funds	(20%)	\$13,300.00
Total Budgeted Expenditure for Program Activities:		\$66,500.00

**Budget Summary
FY 2025 Work Program**

Tasks	VDOT (SPR) 80%	RC (Match) 20%	Total 100%
<u>Program Administration</u>			
a) Financial management, reporting, & general program costs	\$4,800	\$1,200	\$6,000
Total Budgeted Expenditure for Program Administration	<i>\$4,800</i>	<i>\$1,200</i>	<i>\$6,000</i>
<u>Program Activities</u>			
a) Regional Transportation Leadership	\$1,200	\$300	\$1,500
b) Regional Technical Assistance	\$36,000	\$9,000	\$45,000
c) Project Implementation, Grant-Writing, Professional Dev.	\$8,000	\$2,000	\$10,000
d) Statewide Projects and Core Program Requirements	\$8,000	\$2,000	\$10,000
Total Budgeted Expenditure for Program Activities	<i>\$53,200</i>	<i>\$13,300</i>	<i>\$66,500</i>
Total Budgeted Expenditure for Program Administration and Program Activities	\$58,000	\$14,500	\$72,500

***New River Valley
Regional Commission***

April 25, 2024

Resolution of support for FY 2025 Transportation Planning Work Program

WHEREAS, the New River Valley Regional Commission is eligible to receive State Planning and Research (SPR) funds through the Virginia Department of Transportation's Rural Transportation Planning Assistance Program; and

WHEREAS, the proposed FY 2025 Transportation Planning Work Program represents the interests of the New River Valley region; and

WHEREAS, the New River Valley Regional Commission has reviewed the Transportation Planning Work Program and agrees with the projected work elements for the 2024-2025 fiscal year.

THEREFORE, BE IT RESOLVED by the New River Valley Regional Commission that this Commission adopts and supports the FY 2025 Transportation Planning Work Program - Rural Planning Organization Staff Budget.

Adopted this 25th day of April 2024

Hil Johnson, Chair