

Be committed. Be well.

COMMUNITY WELLNESS COMMITMENT

The New River Public Health Task Force is working collaboratively to provide residents with effective guidance about COVID-19 and other infectious diseases. Task force members include the New River Health District (Virginia Department of Health), area hospitals, the towns of Blacksburg and Christiansburg, Montgomery County, local law enforcement and first responder agencies, New River Valley Community Services, Virginia Tech, New River Community College, Radford University, and the Lewis Gale and Carilion health care systems.

New River Valley
PUBLIC HEALTH
TASK FORCE



As members of the community, we pledge to care for the health and well-being of others by personally adopting our Community Wellness Commitment:

- **We will** affirm our commitment to the safety, health, and well-being of our campuses and local communities.
- **We will** affirm that we will support the mental well-being of all community members.
- **We will** wear face coverings/masks in public areas.
- **We will** practice physical distancing by maintaining at least 6 feet of distance from others.
- **We will** practice good hygiene, including frequent handwashing and covering coughs or sneezes.
- **We will** stay home and avoid public spaces when not feeling well.
- **We will** contact a health care provider or an urgent care facility if we believe we are sick or have been exposed to the coronavirus.
- **We will** support but avoid contact with those who are sick.
- **We will** follow public health guidelines and medical recommendations to be tested and self-isolate as necessary.
- **We will** make a list of all others with whom we have had close contact, if necessary, to aid in contact-tracing efforts.



THE **BLACKSBURG** PARTNERSHIP



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vt.edu/ready/well
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