## **ELGOOD LOOP MAIN ROUTE**

The ride begins with a pleasant, mostly flat ride along the New River to Glen Lyn. About 1 mile after crossing busy Rt. 460 the character of the ride changes to mostly single-lane paved road with some of the sweetest climbs and descents in the area. This portion has very little traffic and gorgeous views. A route described as a ride of "pure joy."

STARTING POINT: Narrows; Parking at Narrows Town Park, 0.5 Miles West of Narrows on SR-61.

**DISTANCE: 44.5 Miles** 

TERRAIN: Long, steep climbs and switchbacks.

## MILE DIRECTIONS

0.0 = Go Right on SR-61 going back into Narrows.

0.8 = Go Left before RR overpass onto Princeton Ln, SR-649 crossing short bridge over creek.

1.4 = Stay Right on SR-649; SR-651 enters from left.

3.5 = Stay straight on SR-649; SR-679 enters from left.

4.4 = Cross RR Tracks.

5.8 = Go Right under RR on SR-649; SR-725 East River Mt Rd. goes left.

7.4 = Cross busy US-460 onto Elgood Mt Rd.

7.8 = Begin climb up Elgood Mt.

8.4 = Go Left in sharp turn; Sheppard Hollow Rd enters from right.

9.0 = Stay Right on Elgood Mt Rd; Pleasant Hill Rd enters on left.

11.5 = Stay Left on Hatcher Rd; Clemons Rd goes right.

12.1 = Go sharp Right on Round Mt-Chestnut Knob Rd.

14.2 = Begin long descent.

14.8 = Stay Left on Round Mt-Chestnut Knob Rd;

Clemons Rd and Green Springs Rd go right.

16.2 = Go Left up hill on Red Sulfur Turnpike; Round Mt. Rd goes right.

19.8 = Go Right at T on Elgood-Little Island Creek Rd.

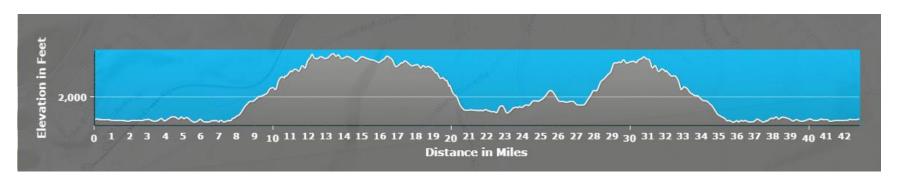
20.1 = Pass ponds on right.

22.5 = Stay Right going up Basham Hill; Little Island Creek Rd goes left.

22.9 = Go around 1st of 4 beautiful switchbacks climbing Basham Hill.

24.2 = Go Left on Hill Top-Laurel Creek Rd, Red Sulfur Turnpike.

25.6 = Go Left on Elgood Rd at 4-way.



## MILE DIRECTIONS (continued)

26.4 = Stay Straight on Elgood Rd; Pisgah Rd enters from right.

30.1 = Turn Left toward Glen Lyn, VA, at intersection.

30.7 = Stay Right on Round Mt-Chestnut Knob Rd; Little Island Creek Rd goes left.

32.1 = Go Right on Elgood Mt Rd.

37.3 = Cross busy US-460 onto Lurich Rd; SR-649 and return to Narrows.

43.8 = Go Right on SR-61.

44.5 = Narrows Town Park and end of ride.

After this challenging ride, reward yourself with a brew at the *Right Turn, Clyde Brewing Company* located at 300 Main St, Narrows.

